

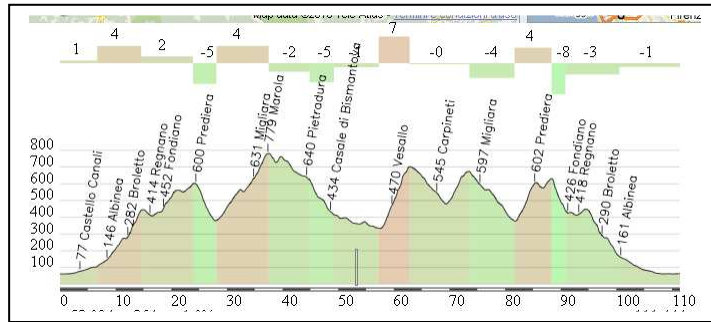
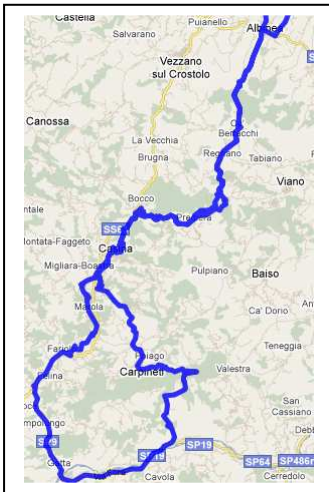
FORZA MASSICCI PEDALATORI

Gare ciclistiche amatoriali, itinerari per la bici da strada nella provincia di Reggio Emilia ed attività collaterali. Un sito didascalico ed autobiografico, una vetrina per l'passionato.

Domenica 12 luglio 2010

Km: 115 km

Dislivello: 2.000 mt circa

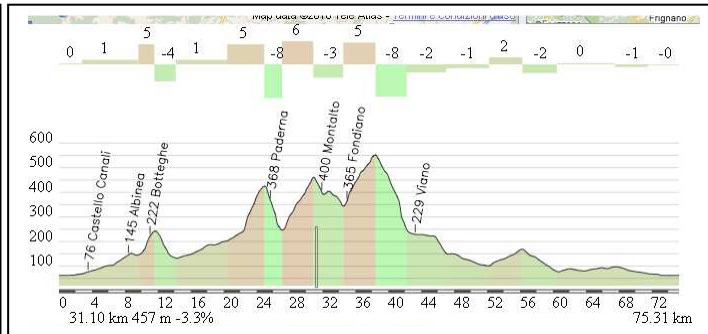


Ascent	1951 m
max slope	16.67 % km 60.41
for 500 m.	12.00 % km 61.20
for 1000 m.	9.92 % km 60.50
for 5000 m.	7.30 % km 57.85

Giovedì 14 luglio 2010

Km: 78

Dislivello: 1.000 mt circa



Ascent	1022 m
max slope	13.99 % km 23.68
for 500 m.	11.71 % km 22.45
for 1000 m.	9.43 % km 22.47
for 5000 m.	4.51 % km 19.93

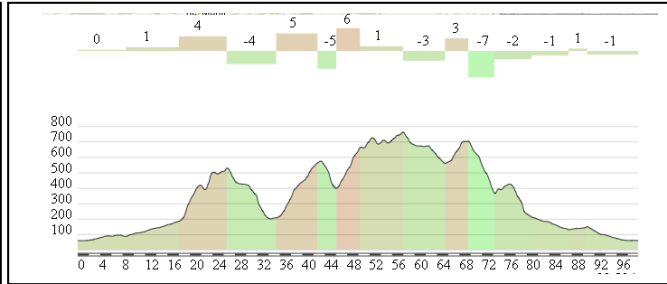
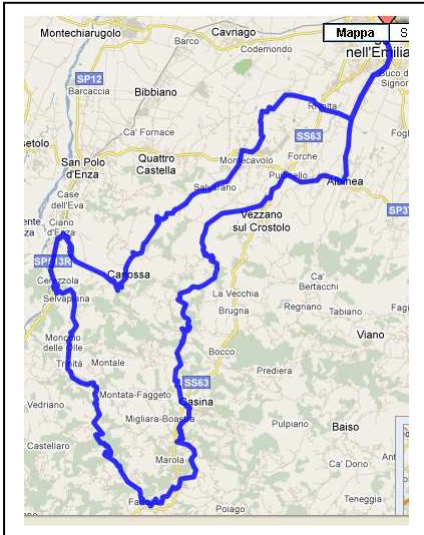
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Sabato 18 luglio 2010

Km: 102

Dislivello: 1.600 mt circa

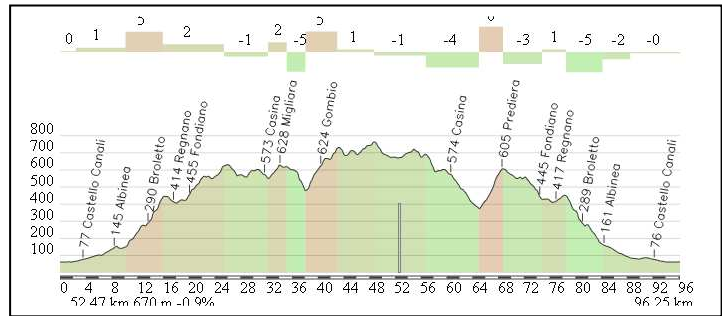
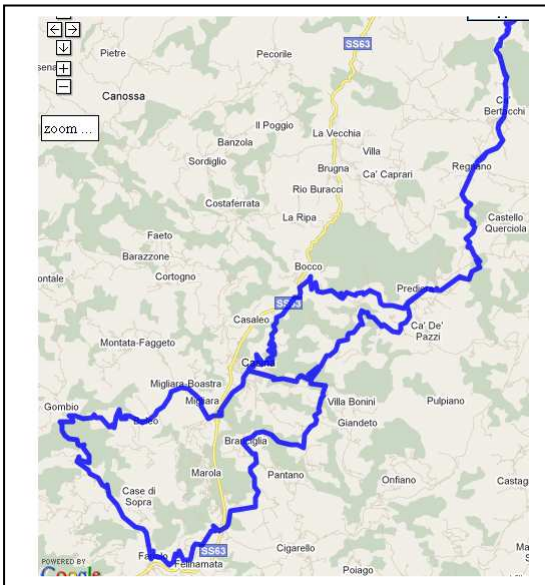


Ascent	1562 m
max slope	16.37 % km 23.47
''' for 500 m.	12.01 % km 23.30
''' for 1000 m.	10.07 % km 22.84
''' for 5000 m.	5.70 % km 18.84

Domenica 19 luglio 2010

Km: 105 km

Dislivello: 1.500 mt circa



Ascent	1540 m
max slope	14.07 % km 14.76
''' for 500 m.	11.26 % km 67.21
''' for 1000 m.	9.46 % km 66.76
''' for 5000 m.	5.02 % km 11.16

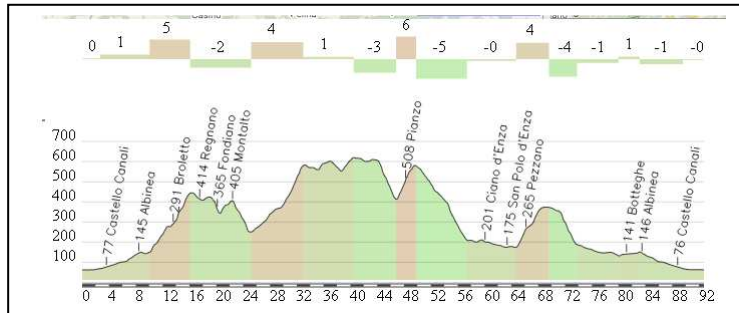
FORZA MASSICCI PEDALATORI

Gare ciclistiche amatoriali, itinerari per la bici da strada nella provincia di Reggio Emilia ed attività collaterali. Un sito didascalico ed autobiografico, una vetrina per l'passionato.

Giovedì 22 luglio 2010

Km: 95 km

Dislivello: 1.300 mt circa

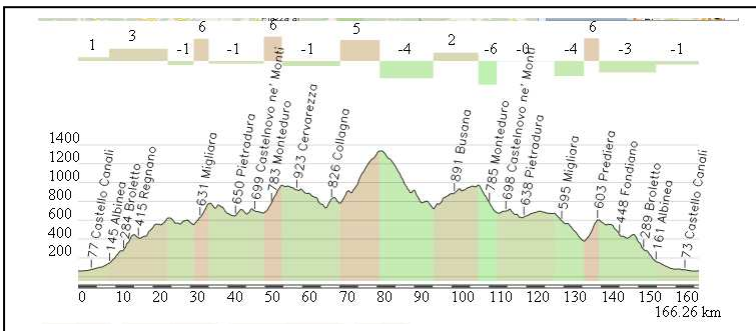


Climbs

from	to	distance	elev	difference	avg slope	max slope
10.27	12.79	2.52	278	123	4.9	8.0**
13.24	16.21	2.97	445	167	5.6	12.1***
29.78	33.13	3.35	583	209	6.2	10.0****
47.05	49.51	2.47	580	164	6.6	10.5***
64.81	68.69	3.88	372	197	5.1	9.1***

Ascent	1328 m
max slope	12.10 % km 14.72
for 500 m.	8.70 % km 14.04
for 1000 m.	8.04 % km 47.64
for 5000 m.	4.96 % km 11.07

Domenica 1 agosto 2010



Climbs

from	to	distance	elev	difference	avg slope	max slope
6.67	11.33	4.65	275	170	3.6	7.0**
11.92	14.84	2.92	447	174	5.9	12.2***
18.40	20.82	2.41	559	121	4.9	9.4**
31.05	35.28	4.23	780	225	5.3	10.2***
49.83	54.59	4.77	972	294	6.1	11.8*****
66.55	68.35	1.80	842	107	5.9	9.2**
70.32	72.31	1.98	912	131	6.5	10.5***
73.33	80.64	7.31	1335	443	6.0	17.1*****
135.68	139.12	3.44	603	225	6.5	10.7****

Ascent	2782 m
max slope	17.06 % km 76.98
for 500 m.	11.61 % km 74.95
for 1000 m.	10.01 % km 74.95
for 5000 m.	6.74 % km 73.44